FOWEY PRE-SCHOOL

**SLEEPING CHILD POLICY**

**We recognize that there are occasions when a child will need to sleep or rest quietly, apart from the other children.**

* We have a designated area, suitable for children to rest quietly or sleep, should the need arise. This area is within eyesight of staff in the playroom, for the purpose of constant supervision.

* When a child first starts pre-school we discuss, with parents, the child’s sleeping requirements and record the parents’ response on a ‘chat wheel’.

* If a child should need to sleep, a record will be made of the child’s name and the time when first sleeping, plus any other relevant factors (such as disturbed night etc.). This will be signed by the appropriate staff member.

* The child will be closely checked every 10 minutes, or more frequently if this is unusual for the child, or if he/she had been feeling unwell. The time of this will be recorded, along with any relevant comments, and signed by the staff member. The child’s parent must view and sign the form upon collection.

* If the child is unwell, our priority would be to contact the parents/carers and follow the procedures within our ‘Managing Children with Allergies, or Who are Sick or Infectious Policy’ (*Procedures for children who are sick or infectious section*).

* If it has not been necessary to contact the parents/carers, they would be informed of the duration of their child’s sleep, at the close of the session.

**EYFS key themes and commitments**

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| --- | --- | --- | --- |
| **A Unique Child**  | **Positive** **Relationships**  | **Enabling** **Environments**  | **Learning and Development**  |
| 1.2 Inclusive practice 1.4 Health and wellbeing  | 2.2 Parents as partners 2.4 Key person  | 3.2 Supporting every child  |  |

Date of next review: September 2024

Signed………………………………. Position………………………………. Date……………

Copies of the original signed document are available upon request.

Sleeping Child Policy